# 8<sup>th</sup> March 2017

Present: PC, HBH, PB (New), DR (new) SM, DS, JA (Citizens UK)

Apologies: AW, JC, PC

## Introductions:

We welcomed 2 new PPG members PB and DR.

## Macmillan coffee morning

This was held today at Hetherington Group Practice.

HBH kindly gave a brief speech to raise awareness of Macmillan Cancer Care and 2 patients praised the work of the Macmillan Nurses.

This was well attended and we managed to raise £150.00 at this event.

## **PPG** recruitment

The coffee morning was also used to try to recruit more PPG members and get patients ideas on campaigning, activities and support for the group.

PB handed out leaflets on Club Streatham 55+ activities and praised the aqua pool activities that have personally been of great help to him.

DS was asked if the PPG meeting could be held on a Saturday morning to suit working patients, this may also increase the group numbers.

## PPG meeting points discussed (following coffee morning)

- There is an urgent vacancy for a chair for the PPG
- The PPG should have a newsletter. This could be a job for the chair
- There was demand for the PPG to meet on Saturdays or evenings
- C C (from Streatham leisure centre) could come to a Monday staff meeting
- The practice could do a one month healthy living campaign
- JA to invite Nicola to speak at next PPG meeting about what works elsewhere
- SM to speak to a patient about running a walking group in Clapham Common
- There would be a trial bowls afternoon run by HBH at Brockwell Park, provisional date Tuesday 23 May. Text message invites to patients. Patients to meet up at Hetherington
- In future we could start Macmillan coffee mornings one hour before PPG meetings?
- HBH would look to start memory exercise classes for people with early stage dementia
- JA to design a flyer for healthy living month once DS has sent Logo.
- SM suggested we hold a one- month Healthy Living Campaign at the practice.

Next meeting: Saturday 3rd June at 12:15 tbc

Venue: Hetherington Group Practice